

SEPTEMBER  
2025

# The Messenger

GALILEE LUTHERAN CHURCH

Greetings,

As most of you know, I've spent the past year and a half on a weight loss journey. As of my last doctor's appointment in September I've lost 100 pounds. When I started this journey I refused my specialist's recommendation to use one of the new weight loss medications. I told him that I needed to do this on my own for a while, to prove to myself that I could do it and have that victory through the grace of God. We have often

revisited the subject and I have expressed a willingness to use medication or surgery when the time came that I needed an extra tool to use on this journey. Well...that time has come. The 100 pound loss was exactly the victory that I needed and now it's time to approach this from a different angle. I still have 175 pounds to go and the weight will only be harder to lose as the days go by...thus, after a lot of research and prayerful consideration I have decided to have the weight loss surgery.



I am waiting on a call to schedule my first appointment with the Bariatric Surgeon. Prior to surgery they require that you prove to them, and to your insurance company that you are willing to make the hard changes necessary for the surgery to work and my specialist has assured me that in the last year and a half I have proven that I am willing and able to make those changes. The surgery will limit the amount of food that can be consumed at one time by removing about 80% of the stomach; but it by no means eliminates the hard work the individual still must do on a daily basis. The stomach can be stretched back out by overeating at one time and/or you can still gain weight if you choose to eat constantly throughout the day. Thus this will be a life long journey of maintaining the changes I have already made and the ones still to come.

It'll be a while before I know the date of my surgery but I'm hoping for late this year or in early January and I'm asking for your prayers on this continued journey. After surgery I will be off work for two or three weeks to recover and I'll keep you posted as to when that will occur.

Blessings, Pastor Karen



**Bear** (Jamie's daughter) continues to suffer from seizures

**Dale B** (Carol's husband) being treated for lung cancer

**Steve Hanger** suffering from advanced dementia and Parkinson's

**Lisa Partin** (Barney and Paula's daughter in law) being treated for cancer

**Ed** dealing with ongoing medical condition

**Patsy** as she nears her journey into eternal life

**Nancy** as she receives treatment for Breast Cancer

**Peggy** as she adjusts to living at Logan Acres and her disease progresses

**Barney** who has been diagnosed with a brain tumor



Men's Bible Study will continue their fellowship and discussions on...

**THURSDAY  
OCTOBER 9TH  
1:30 pm**



## **KRAFTEE KRAFTERS**

You are invited to join the Kraftee Krafters every Tuesday morning from 10:00 am to 12:00 pm. They work on various projects and even if you're not crafty come join the ladies to enjoy a cup of coffee and wonderful fellowship. If you have any questions call Nancy at (740) 341-8452



**10/1 JAN WILT**  
**10/28 LIZ STEVENS**



**10/15 JOHN & NORMA**  
**10/28 TERRY & SHARON**



Our Bear it Bears are just waiting to be given to someone who is hurting in any way, physically, mentally or emotionally. They are sitting on the chairs in the front of the church. Just be sure to sign them out in the logbook on the bookcase in the entrance way of the church. This is one of our outreach programs, so let us bear one another's burdens and fulfill the love of Christ.



Pastor Karen is in the office on Thursday mornings from 9:00 am to 11:45 am. She is able to meet on Mondays during the day and on weeknights if you'd like to schedule a meeting.





**EVERY THURSDAY  
10:00 TO 10:45 AM  
\$1.00 per class**

Grab a friend and join us for 45 minutes of stretching exercises. Chair Yoga is great for working the soreness out of muscles, strengthening our core and improving our balance as we age.

## COME VISIT THE CHURCH LIBRARY



In the back of the church there is a bookcase with a wide variety of books available to be read. Just grab a book and return it after you finish it.



## Women <sup>of the</sup> ELCA

We will no longer gather for Bible Study and business meetings as the Women of the ELCA here at Galilee. Times have changed and so has the needs of the ladies in our congregation. We will now meet once a month at a local restaurant for food, fun and fellowship. Each month Pastor Karen will develop a question to prompt our discussions and we'll enjoy each other's company as sisters in Christ and women of faith. Our next gather will be...

**MONDAY OCT 20TH  
10:00 AM  
BREAKFAST AT WOODY'S**



**SUNDAY OCTOBER 26TH  
10:00 AM**

We will once again celebrate God's many blessings with a Harvest Home Sunday Celebration. We will start the morning with a specially themed worship service followed by fellowship and lunch.

With Nancy's recent surgeries, the committee that will be planning this celebration has not met yet and thus we do not have specific details yet for the meal, but we will keep you informed as to what we will be serving and whether it will be a meal that is provided or a pot luck lunch.

We are also hoping to have a special presentation during lunch. It's our hope that we can put together a video presentation that showcases Galilee Lutheran Church throughout the years. Pastor Karen will use the pictures that we have in the office (and if you have any great pictures to share, email or text them to her and she'll use those as well).

# **WORSHIP THEMES**



## **Luke 17:5-10**

On the way to Jerusalem, Jesus instructs his followers about the power of faith and the duties of discipleship. He calls his disciples to adopt the attitude of servants whose actions are responses to their identity rather than works seeking reward.

## **Luke 17:11-19**

Jesus' mission includes making people clean again. Unexpectedly, a Samaritan healed of leprosy becomes a model for those who would praise and worship God and give thanks for God's mercy.

## **Luke 18:1-8**

Jesus tells a parable of an unjust judge who is worn down by a widow's pleas. Jesus is calling God's people to cry out for justice and deliverance. For if an unethical judge will ultimately grant the plea of a persistent widow, how much more will God respond to those who call.

## **Luke 18:9-14**

The coming reign of God will involve unexpected reversals of fortune with judgment rooted in mercy. Jesus tells a parable in which the one who humbles himself is exalted and the one who exalts his own righteousness is humbled.



Hi Everyone,

We are now at that “fall back” time of year. I get so confused with that spring forward, fall back stuff. It’s been so hot this summer we are all looking forward to some cooler weather. Course by next March you will be wanting it to be HOT. I did hear Don Berlin is back on the slopes, getting ready for the winter season, as in snow, people.

I miss hanging out with the WELCA ladies here at Galilee. But I keep my mouse ears open on what’s the “topic of discussion over breakfast” when they get back. It now appears Pastor Karen is in love with fuzzy, mini cows. I’m just relaying what I heard. Although she is now wearing purple glasses also. It’s a great time to share “Jesus” and each other. I know they would love you to join in. Bob Grant, now retired, has been catching up on all kinds of work details at the church. The defibrillator is now hung in the back hall so outreach kids and church people all have access. Has a new title, treasurer, after his name. He might be re-thinking the retirement thing. Noticed all the cobwebs in the windows have been all cleaned up, among other little and big jobs. So many things that so many people just take care of. I could tell you their names, but I think they want to be incognito, and I’m not telling. It’s a lot easier to do that if you’re a mouse. Deb and Sheila are planning a church work day to spiffy up our Galilee home. So gather up your cleaning supplies and watch for the announcement. I already did mine. Doesn’t take long when it’s 6x6 INCHES. If donuts inspire I’m sure there will be some to share.

Heads up..the fall Harvest Home dinner is the last Sunday in October.

Love and Hugs,  
The Church Mouse



**THURSDAY OCTOBER 30TH  
5:00 PM**

Come join us for lots of food, fun and fellowship. We'll start the evening off with a free dinner. Following dinner we'll engage in fun Halloween themed games and activities.

While costumes are not required, if you'd like to come in costume you'll automatically entered into our Costume Contest. We'll have prizes for the best costume in a couple of categories.

**Treats**

**Door Prizes**

**Fun**

I

## **Halloween Fun Facts**



In countries like Mexico and other Latin American countries, Halloween is celebrated as 'Día de los Muertos' or 'The Day of the Dead.' This celebration honors deceased loved ones and ancestors. The festival includes colorful costumes, parades, and the creation of altars for the deceased

Candy sales skyrocket during the Halloween season in the United States. On average, about \$2 billion is spent on Halloween candy each year. This makes it the biggest candy-selling holiday, surpassing even Valentine's Day and Easter.

The New York City Halloween Parade, held annually in Greenwich Village, is the largest in the United States. It features participants in elaborate costumes, puppets, and bands. This parade has become a significant New York event, drawing spectators from all over.

Derry City in Northern Ireland hosts the world's largest Halloween party. This event includes a week-long celebration with parades, concerts, and fireworks. Its popularity attracts visitors from all around the globe, celebrating Halloween in its birthplace.

After Christmas, Halloween is the second-highest-grossing commercial holiday, with consumers spending billions on costumes, candies, decorations, and parties. This holiday significantly impacts the economy, especially in industries like retail and confectionery.

# OCTOBER 2025

| SUNDAY                                                                                                          | MONDAY                                                                                                    | TUESDAY                                                                                                               | WEDNESDAY                                                                                                          | THURSDAY                                                                             | FRIDAY                                                                                                            | SATURDAY                       |
|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 28<br>NATIONAL GOOD NEIGHBOR DAY<br>GOLD STAR MOTHERS DAY                                                       | 29                                                                                                        | 30                                                                                                                    | 1<br><br>HAPPY<br>BIRTHDAY<br>JAN | 2<br><br>YOGA<br>10:00<br><hr/> AA<br>6:00                                           | 3                                                                                                                 | 4                              |
| 5<br><br>10:00 AM<br>WORSHIP    | 6<br>CHILD HEALTH DAY<br>GERMAN AMERICAN DAY                                                              | 7<br><br>Krafty<br>Krafters<br>10-12<br><hr/> AA<br>7:30                                                              | 8                                                                                                                  | 9<br>LEIF ERIKSSON DAY<br><br>YOGA<br>10:00<br><hr/> MEN'S<br>BIBLE<br>STUDY<br>1:30 | 10                                                                                                                | 11<br>GENERAL PULASKI MEMORIAL |
| 12<br><br>10:00 AM<br>WORSHIP | 13<br>COLUMBUS DAY<br> | 14<br><br>Krafty<br>Krafters<br>10-12<br><hr/> COUNCIL<br>6:00                                                        | 15<br>WHITE CANE SAFETY DAY                                                                                        | 16<br><br>YOGA<br>10:00<br><hr/> AA<br>6:00                                          | 17                                                                                                                | 18                             |
| 19<br><br>10:00 AM<br>WORSHIP | 20<br><br>LADIES<br>BREAKFAST<br>AT<br>WOODYS<br>10:00                                                    | 21<br><br>Krafty<br>Krafters<br>10-12<br><hr/> AA<br>7:30                                                             | 22                                                                                                                 | 23<br><br>YOGA<br>10:00<br><hr/> AA<br>6:00                                          | 24<br>UNITED NATIONS DAY                                                                                          | 25                             |
| 26<br><br>HARVEST<br>HOME     | 27                                                                                                        | 28<br><br>HAPPY<br>BIRTHDAY<br>LIZ | 29                                                                                                                 | 30<br><br>YOGA<br>10:00<br><hr/> JOY<br>5:30                                         | 31<br><br>HAPPY<br>HALLOWEEN | 1                              |